

COLORECTAL CANCER AWARENESS MONTH

SYMPTOMS

A CHANGE IN BOWEL HABITS

BLOOD IN OR ON YOUR STOOL

DIARRHEA, CONSTIPATION, OR FEELING THAT THE BOWEL DOES NOT EMPTY ALL THE WAY

ABDOMINAL PAIN, ACHES, OR CRAMPS THAT WON'T GO AWAY

WEIGHT LOSS AND YOU DON'T KNOW WHY

SCREENING RECOMMENDATIONS

Regular screening, **beginning at age 45**. Earlier screening may be recommended if you have –

- Inflammatory bowel disease such as Crohn's disease or ulcerative colitis
- A personal or family history of colorectal cancer or colorectal polyps
- A genetic syndrome such as familial adenomatous polyposis (FAP) or hereditary non-polyposis colorectal cancer (Lynch Syndrome)

OUR PROVIDERS



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