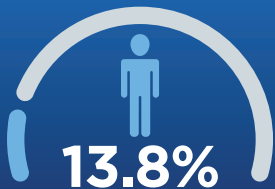


## JUNE IS MEN'S HEALTH MONTH!



of men aged 18 and over are in fair to poor health



of men aged 18 and over met the federal physical activity guidelines for aerobic activity



of men aged 18 and over smoke cigarettes



**1 in 2**

men aged 20 and over have hypertension

### LEADING CAUSES OF DEATH

- Heart Disease
- Cancer
- Unintentional Injuries
- Stroke
- COPD
- Diabetes
- Influenza/Pneumonia
- Suicide
- Kidney Disease
- Alzheimer's Disease



Men make  $\frac{1}{2}$  as many physician visits for prevention as women



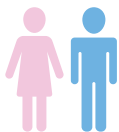
**1 in 2**

men will develop cancer in their lifetime

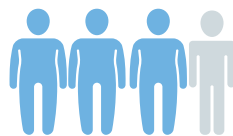


**11.5%**

of males under age 65 are without health insurance coverage



Men live about 5 years less than their female counterparts



**3 out of 4**

men are overweight



Men are 2 times more likely to binge drink than women

[www.cdc.gov/nchs/fastats/mens-health.htm](http://www.cdc.gov/nchs/fastats/mens-health.htm)

We've got you covered for all your men's health needs. Call us today to schedule any of these services or to see our specialists in:

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